

**Author gets
personal
about
body image**
metroLIFE

**LIVE
88.5fm**



Ottawa metro

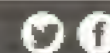


ROSEMARY WESTWOOD
**On press freedom
under Alberta's NDP**
metroVIEWS

Your essential daily news |

THURSDAY, FEBRUARY 18, 2016

High -6°C/Low -14°C Sunny



**Members of Rev. Hyeon
Soo Lim's congregation
pray on Wednesday and
call for his release.** SEAN
KILPATRICK/THE CANADIAN PRESS



PRAVERS FOR FREEDOM

Canadian pastor faces life sentence in North Korea
metroNEWS

Disability program in danger

OCDSE

**Parents say
impact would
be 'devastating'**



**Haley
Ritchie**
Metro | Ottawa

The Ottawa-Carleton District School Board is facing tough cuts to balance the budget, including ending "non-essential" programming for students with severe learning disabilities.

On the chopping block is a summer learning program that extends the school year 17 days into July for 300 of the district's most vulnerable students.

Olga Grigoriev, superintendent of learning support services, said the program is being considered

for cuts because it's not funded as an essential service by the province's Ministry of Education.

Grigoriev said the board sympathizes with parents but is facing difficult budget decisions. She said cutting the program could save the board around \$500,000.

Other cuts — including layoffs and recently approved changes to the French immersion program — are meant to solve the \$14.4 million in budget overspending facing the school board.

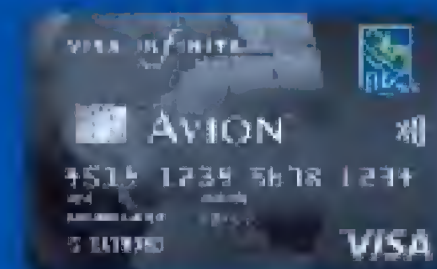
Françoise Slaunwhite, whose six-year-old daughter has attended the program for two years, said while she understands the budget crush, her daughter needs the program.

"She needs the continuity," she said. "It's almost devastating, coming back in September with a two-month gap. They're starting from almost nothing."

WITH AVION® YOU CAN DO IT ALL, ON POINTS.

ANY AIRLINE, ANY FLIGHT, ANY TIME. **AVIONERS® CAN DO THAT.**

Start Avioning® today with 15,000 Welcome points*. Apply at rbc.com/avion or call 1-800-769-2511



Subject to availability. Some restrictions may apply. For complete terms, visit rbc.com/travelredemption. * To receive the 15,000 bonus RBC Rewards points, your application form must be approved by us. Upon enrolment, 15,000 bonus RBC Rewards points will appear on your first monthly statement. This offer may not be combined or used in conjunction with any other offer. Royal Bank of Canada reserves the right to withdraw this offer at any time, even after acceptance by you. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. † All other trademarks are the property of their respective owner(s).

The Adult Fun Show sexxapalooza

Free with your admission:

Aerial Silk Acts Live on the Main Stage | Interactive Workshops
Alley of Fantasy | Meet n' Greet with Ron Jeremy | Dungeon
Fun Contests & Door Prizes | Shopping & So Much More

sexxapalooza.com

Ottawa

Feb 19 - 21, 2016

Shaw Centre (formerly Ottawa Convention Centre)
55 Colonel By Drive

fri: 5pm-midnight | sat: noon-midnight | sun: 12-5pm

\$25 at the door | \$30 weekend pass | SAVE \$5 online

Special Guest Appearance
Adult Film Star
Ron Jeremy



the most fun with your clothes on...



2 for 1*
admission

Valid ONLY
Sunday, Feb 21, 2016

*This coupon must be presented at the show.
Not to be combined with any other promotions. Not for resale.
Ticket value \$25. Admission restricted
to 19 years and older. Licensed event.

Please party responsibly.
Code: MetOTT1



STITTSVILLE

Committee to vote on subdivision plan



Lucy Scholey
Metro | Ottawa

A city councillor vocally opposed to a large Stittsville subdivision plan is rallying residents to have their say at next week's planning committee.

Minto is proposing a 400-plus-unit residential development for Potter's Key — a 24-hectare parcel of undeveloped land off Hazeldean Road and adjacent to the communities of Jackson Trails and Echowoods. Two parks are included in the plan, including a small soccer field, half a basketball court and a rink.

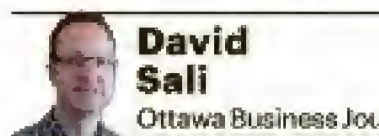
There are several problems with the proposal, according to Stittsville Coun. Shad Qadri, including an increase in traffic, the lack of a connection to major route Hazeldean Road, construction vehicle access and a landscape buffer.

"Traffic concerns are one of the largest issues that many communities face in the City of Ottawa and this development will increase pressures on the city's traffic and police department," Qadri wrote in a report on the subdivision.

A petition of 81 signatures protesting the Potter's Key traffic plan will also go before the planning committee on Tuesday.

COMMUNITY PLANNING

Hospital CEO apologizes for campus controversy



David Sali
Ottawa Business Journal

The chief executive of the Ottawa Hospital offered a mea culpa to the local business community on Wednesday, saying he didn't anticipate such a public backlash over the site of the proposed new Civic campus.

"First, I want to start with an apology for allowing the issue of where we build our great new hospital to overshadow the far more important question of how the new hospital can transform people's lives," Dr. Jack Kitts told a breakfast gathering of CEOs and entrepreneurs at the

Sheraton Ottawa Hotel.

The hospital announced in November 2014 it planned to build the new complex on 24 hectares of land at the Central Experimental Farm. The decision caught many people in the community by surprise, and public pressure forced the hospital to take a second look at the location, which is across Carling Avenue from the current building.

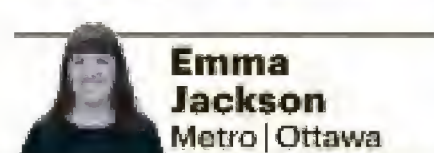
Last month, Ottawa Centre MP and Environment Minister Catherine McKenna called for the plan to transfer the farmland to the hospital to be revisited.

"Where we build (the new Civic campus) is important, and we will build it where it makes the best sense for Ottawa," Dr. Kitts said.

OC Transpo 'caught off guard' by fed shutdown

TRANSIT

Employees left before rush hour, leaving many stranded



Emma Jackson
Metro | Ottawa

The federal government should have warned OC Transpo it was shutting down two hours ahead of rush hour, general manager John Manconi said Wednesday.

As a record 51.2 centimetres of snow fell over 16 hours Tuesday, public servants left work in a mass exodus just after 1 p.m. — something transit officials found out through Twitter, Manconi said.

"We were a little caught off guard," he said.

The city's emergency response team usually gets a heads-up about a shutdown like that, but not yesterday.

That lack of communication just added to the chaos Mother Nature was already dishing out at up to four centimetres an hour, Manconi said.

The federal shutdown was two hours ahead of OC Transpo's peak service at 3 p.m., including express buses, he explained. That left swarms of frustrated riders stranded or cramming themselves onto buses already packed with parka-clad passengers.



A worker shovels snow as a major winter storm hits Ottawa Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

If OC Transpo had been given some extra time, staff could have started rush hour service earlier, Manconi said.

They could have also helped manage expectations: that even with more buses, the commute was a guaranteed slog.

"When you're getting more than 50 cm of snow, it's very difficult for all modes of travel to continue as normal," transit commission chairman Stephen Blais said.

Sure enough, delays blanketed

the city as thickly as the snow: buses were stuck on ramps and windrows, or trapped behind other stuck vehicles, Manconi said.

By 4 p.m. riders had had enough. At Albert and Metcalfe, one angry woman pried open the doors of an overstuffed 86 yelling, "Am I supposed to wait another stupid hour?"

Another hopped a random westbound 176, only asking a fellow passenger where they were headed once they were moving.

Treasury Board spokesperson Kelly James said the decision to send employees home early "is not taken lightly."

While the board, which oversees federal employees, doesn't have to notify other agencies when it sends its employees home, it does try to "co-ordinate efforts" with police in emergency situations, James said.

The city's emergency and protective services manager Anthony Di Monte said Wednesday that "steps are being taken to create a better process to co-ordinate" with the federal government.

51.2

The amount of snow in centimetres that fell over 26 hours on Tuesday.

**OPEN DOORS
TO NEW
OPPORTUNITIES**

In the global village that is our world today, learning another language opens doors to new opportunities.

Together with our certified, dedicated instructors, innovative courses and up-to-date facilities, we can help you achieve your language learning goals, putting you on the path to success.

ALGONQUIN Language
COLLEGE | Institute

You can learn more about our programs by visiting ALGONQUINCOLLEGE.COM/LANGUAGE



Time to storm the party scene

BACKSTAGE PASS

Five great events taking place this weekend



Trevor Greenway
Metro | Ottawa

Ottawa may be feeling a little lonely this week.

We've all been cooped up inside, watching tiny snowflakes gracefully descend to the ground, adding to the collective wallop of a record-breaking 51.2 centimetres of snow for the city on Tuesday. The massive storm cancelled buses, shut down schools and made a nightmare commute for anyone willing to brave the roads.

Now that we are all caught up on the many true crime docs on Netflix, it's time to get back out there and see our compadres.

Metro has a great run-down of parties this weekend to warm your bones, from rock and roll pinball to an all-Kanye dance party at Babylon. Put your Sorrels away!

YEEZUS NIGHT Presents:
The Life of Pablo
Thursday, Feb. 18
Babylon Nightclub
\$5 before midnight.

Diamonds up, Ottawa, it's time to revel in the latest gong show that Kanye West has pumped out.

The new album, *The Life of Pablo*, is what I assume Kanye's head to look like



Slimmoore and the New Soul Project celebrate Black History Month at the Black Sheep Inn this Friday night. Expect some fresh originals and big classic cover. CONTRIBUTED

on the inside: scattered brilliance that often lands on ideas that are great and others that are straight up incoherent.

Nevertheless, dancing live to Kanye is always a hoot and DJs Matt Tamblin and Laocapone are dropping the entire new album, plus other classics Thursday night at Babylon. Even if you don't

enjoy his music, you can't deny that Yeezus is a mad genius.

AraabMuzik and Nadus
Thursday, Feb. 18
Ritual Nightclub

Get down and dirty at Babylon on Thursday when renowned hip hop beat master AraabMuzik blows

into town with Nadus. This producer has been dropping beats at major festivals and venues across the globe, from Pitchfork to the coveted Boiler Room series, wowing crowds with his live dubstep and trap shows. With Newark-based producer Nadus in tow, there's not telling how deep this rabbit hole will go.

A Celebration of Black History Month with Slimmoore and the New Soul Project
Friday, Feb. 19
Black Sheep Inn
\$10

If you want to celebrate Black History Month, there is no better person to honour our black culture than with Slimmoore. This cat brings

silky smooth soulful vocals to the stage with his New Soul Project band dropping funky, groove heavy rhythms behind him. Expect some fresh originals and big classic covers – everything from reggae to dancehall to smothering soul.

Dr. Ozi
Friday, Feb. 19
Plurr Nightclub

Plurr Nightclub will be loud and heavy Friday night when Toronto's dance duo Dr. Ozi bring their dense dubstep and bangin' Electro to the stage for a night of heavy dancing.

Dr. Ozi has been turning heads since they broke onto the scene in Toronto in 2006. Since then, they've played every major festival from here to Europe. Don't miss this heavy hitter on Friday night.

TOUGHEN UP!
With DJ KJMaxx +
Freeplay pinball & Vids
Sunday, Feb. 21
House of Targ
\$5

If I had to pick one party to hit up this weekend, I think this would be it. There aren't too many things that beat powerpop, perogies and free pinball.

This Sunday, you can become an expert at the Dr. Who pinball game. You won't even need quarters – just show up and play. DJ KJMaxx will be spinning up rock and roll, punk and powerpop on vinyl all night. Play pinball and classic arcade games like Pac-Man and NBA Jam free all night.

RIVERSIDE PARK COMMUNITY

Developers invited to discuss former school lands

An invitation has been issued to gauge potential interest in a vacant parcel of land where the Bayview Public School once stood.

The city, which owns the property at 3071 Riverside Dr. in the Riverside Park community, is now — through its Ottawa Community Lands Development Corporation — seeking expressions of interest from developers and builders who may have ideas for the future development of the site.

"It's just an opportunity to see what folks are thinking," said River Coun. Riley Brockington.

The request for expressions

of interest, issued on Feb. 10, is "a non-binding, non-mandatory initiative," said Brockington, which is designed to determine what developers may have in mind for the parcel of land, but in keeping with guidelines established by the city with help from local residents.

"It's still zoned institutional for a school, but (developers) were informed that there was a community concept plan that was developed, that's been approved by council," said Brockington.

Residents living in proximity to the vacant lot were invited to submit their wish lists for the site during former



We are firm (that) it's going be to low- and medium-density, residential (development).

River Coun. Riley Brockington, on plans for the land where Bayview Public School once stood.

River Coun. Maria McRae's tenure, and then by Brockington after he was elected.

He received 80 submissions from residents last fall.

"We are firm (that) it's going be to low- and medium-density, residential," he said, adding building heights would be capped at six storeys and the lot is serviceable.

According to the request for interest document, the city first purchased the land

from the Ottawa-Carleton District School Board in 2011 with the goal of preserving 0.8 hectares of green space at the site and to either "maintain or replace" the former Bayview school's sports field at the southwest corner of the lot.

The corporation, in its document, also states the site will have to be rezoned from institutional to accommodate future development.

The maximum area to be

developed is 4.3 hectares.

The city plans to issue a request for offers on the property in May, before choosing the preferred offer and then completing a purchase-and-sale agreement by the end of this year, according to the request for interest document.

Construction at the site likely won't happen before late 2017, Brockington said, adding that rezoning and other approvals from the city are needed first, as well as a public consultation meeting, among other steps.

"I want this done right," he said.

"This will not be rushed." ERIN MCCracken/METROLAND MEDIA

EMERGENCY

Now you can text 911

Ottawa residents who have difficulty speaking or hearing can now text 911 to contact police in an emergency.

The new service announced Wednesday by the Ottawa police is open to deaf, hard of hearing and speech-impaired residents. Phones must be registered ahead of time with a service provider.

When a registered caller contacts 911, the dispatcher will be able to hear the call and speak, but will also be able to start texting the caller to better exchange information.

HALEY RITCHIE/METRO

3 SHOWS YOU HAVE TO SEE AT UNDERCURRENTS

After a record-breaking season in 2015, the undercurrents theatre festival again surpassed attendance numbers for its opening weekend. A total of 1,350 people showed up Feb. 10-13 and shows are already selling out for the final weekend. Here's what's left of the lineup.

LUCY SCHOLEY METRO



COURTESY TANJA TZIANA

1 A Man Walks Into A Bar

It's the classic start to many an awful joke. And this funny feminist play will likely leave you cringing at times. A man walks into a bar, meets a waitress trying to tell a joke and repeatedly interrupts her to "mansplain." It won two awards at the Toronto Fringe Festival and is playing at Arts Court Theatre Thursday and Saturday at 9 p.m. and Friday at 7 p.m.



COURTESY LA FILLE DU LAITIER

2 Macbeth Muet

Shakespeare's famous Scottish play — sans words. Two actors use household objects to tell the tale in 30 minutes. That's on Thursday and Friday at 10:30 p.m. in the Arts Court Studio.



COURTESY CHRISTOPHER SNOW

3 Monstrous

Sarah Waisvisz wrote and acts in this play about "the complexity of being multiracial" in multicultural Canada. While writing her PhD dissertation about women's literature in Anglo and Franco Caribbean, Waisvisz found aspects that could not be conveyed through traditional academia. Thus this show, which plays Thursday at 7 p.m. and Saturday at 1 p.m. at Arts Court Theatre.

NORTH KOREA

Ottawa gets access to imprisoned pastor

The federal government said Wednesday it has found a way to visit a Canadian pastor in a North Korean prison, where he is serving a life sentence.

Hyeon Soo Lim, a pastor with the Light Korean Presbyterian Church of Mississauga, Ont., was recently sentenced by a North Korean court to life in prison at hard labour for what it called crimes against the state.

Joseph Pickerill, a spokesman for Foreign Affairs Minister Stephane Dion, said consular officials have managed to provide assistance to Lim and his family.

"We are grateful that we were able to visit him," Pickerill said in an email, but he did not elaborate. "In the interest of Mr. Lim's case, no further information can be shared."

Earlier Wednesday, Conservative foreign affairs critic Tony Clement said the government could use an intermediary country to speak directly to North Korea "at the highest levels." Clement said the Conservatives do not view Lim's imprisonment as a partisan issue and want to work with the government to secure his release.

Omar Alghabra, Dion's parliamentary secretary on consular affairs, told the House of Commons he planned to meet with supporters of Lim who had come to Ottawa to advocate for him.

Among other things, Lim was charged with harming the dignity of North Korea's supreme leader and trying to use religion to destroy the country's system.

Last month, CNN was granted



Members of Rev. Hyeon Soo Lim's congregation pray on Parliament Hill on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

extraordinary access to Lim and broadcast a televised interview in which he described his eight-hour-a-day, six-day-a-week regime of hard labour and said his North Korean jailers had yet to honour his request for a Bible.

About 300 supporters held a

prayer service Wednesday on the lawn of Parliament Hill, calling on the government to take more action at a higher level to ask for his freedom. They brought a petition with 165,000 signatures calling for his release.

THE CANADIAN PRESS

FINAL CLEARANCE!

ON ALL WINTER COATS

UP TO AN ADDITIONAL 50% OFF

LIQUIDATION PRICE

LADIES DRESS SHIRTS \$1.99	JACKETS & PANTS \$6.99
BRAND NAME TIES \$12.99 REG \$50	HOODIES \$9.99

Calvin Klein, H&M, Levi's, Under Armour, Victoria's Secret, Tommy Hilf

CALVIN KLEIN \$29.99 EA. SECOND ONE FOR \$10.	LADIES' HATS, TOQUES, SCARFS, JEWELLERY & ACCESSORIES \$5.00
--	--

MEN'S WINTER COATS STARTING AT \$39.99	LADIES' WINTER COATS STARTING AT \$29.99
--	--

LADIES DOWN COATS LARGE SELECTION \$69.99 REG \$400

NEW SPRING INVENTORY ARRIVING WEEKLY

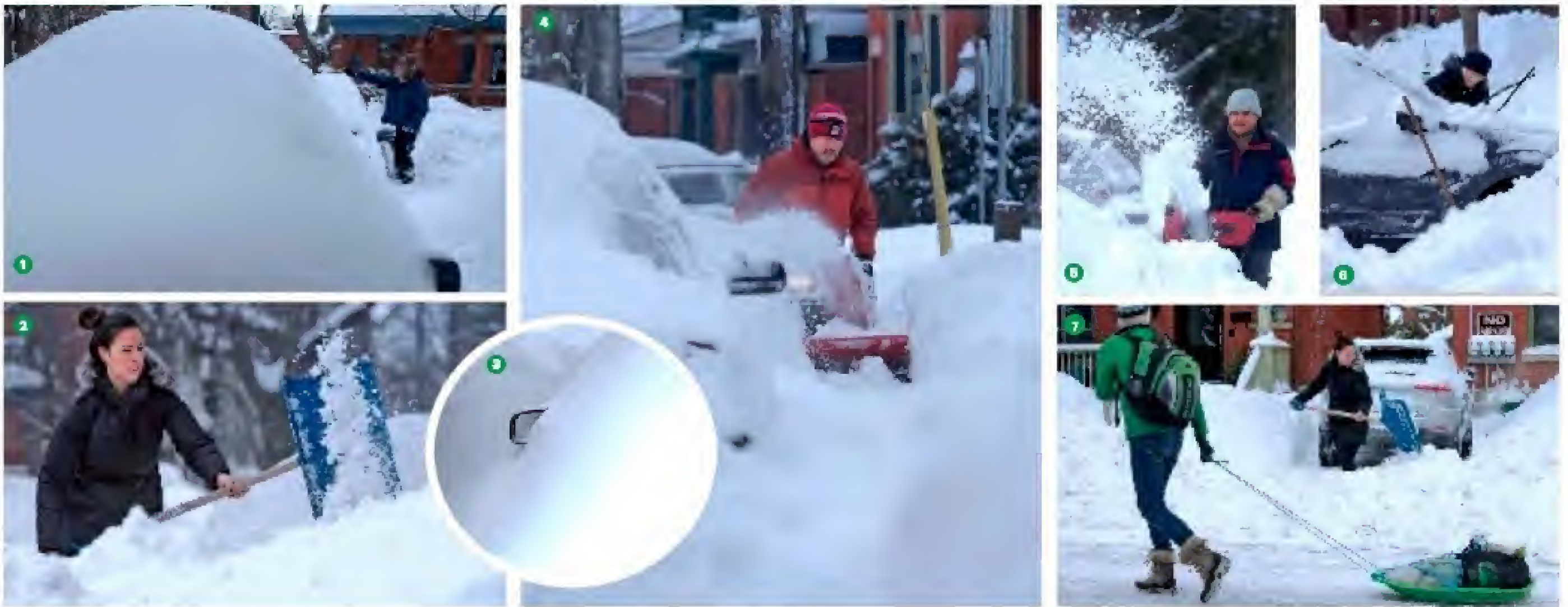
1901 Cyrville Road, Ottawa

613-746-7788

Monday to Friday 10-6, Saturday & Sunday 10-5

NATIONWIDE LIQUIDATION OUTLET

ACROSS FROM COSTCO



The day after: Digging out from Ottawa's record storm

1 Roland Kuhn clears snow from his car on Wednesday as his other cars sit buried in his driveway.

2 Alexandra Aversa clears her driveway after the massive snowfall.

3 A side mirror of a buried car sticks out

from underneath a blanket of snow.

4 Guy Dupuis clears the sidewalk in front of his neighbour's property.

5 Bill Aikman clears snow from in front of his neighbour's house.

6 Janet Nield digs out her car following the

record-breaking winter storm in Ottawa.

7 A woman uses a sled along the road to pull her groceries as Alexandra

Aversa shovels her driveway.

PHOTOS: ADRIAN WYLD/
THE CANADIAN PRESS



Hawaii. Say it three times,
and click your heels.

Find low fares to your favorite island.

Book today at westjet.com/hawaii or call your travel agent.

WESTJET

#CARJOBS

HELP WANTED

MBA's that love a
smooth ride

Today's New Car Dealerships in Ontario are sophisticated operations that require strategic thinking, an understanding of corporate mentality and a vibrant entrepreneurial spirit. Find a career in the automotive sector on CarsAndJobs.com.

It's not what you think.



CARS AND JOBS.COM
Powered by TADA



What you see at TedCruzForAmerica.com. SCREENGRAB

Pranksters target Cruz

POLITICS

Unofficial site makes jab at U.S. senator's Canadian roots

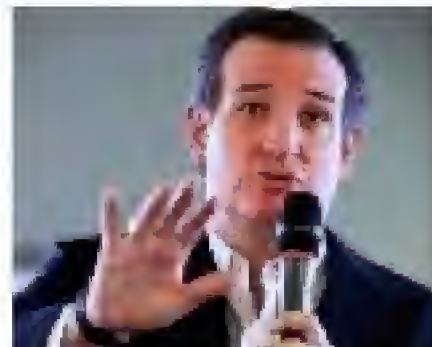
The U.S. presidential race just got a little more amusing, if that's possible.

The usual hallmarks of a conservative Republican candidate — religious devotion to protecting gun rights no matter how bad the statistics get, relentless mentions of securing the border, maybe some homophobic sentiment — are nowhere to be seen on TedCruzForAmerica.com. (Cruz's official website, tedcruz.org, continues to work).

Instead, the site is redirecting to the Canadian government's immigration page, which offers instructions on your eligibility and links to apply for citizenship.

Ironically, one of Donald Trump's most-commonly used barbs against Cruz is demanding he go back to Canada, his place of birth.

The redirect seems to be an



Republican presidential candidate Sen. Ted Cruz. GETTY IMAGES

attempt to undermine Cruz's political views, rather than a simple humorous move offering Americans a way out if he wins the Republican nomination and subsequently, the presidency.

The domain has previously redirected to the Human Rights Commission and U.S. government's health-care website, featuring the finer points of Obamacare.

Cruz, and Republican presidential candidates en masse, have repeatedly disparaged Obamacare. The human rights redirect could be a reference to Cruz's views on abortion and criticism of Planned Parenthood.

TORSTAR NEWS SERVICE

WHISTLER

Footage of ski lift rescue goes global



Thandi Fletcher Metro | Vancouver

The quick actions of a lift attendant and a group of volunteers helped save a boy from injury after he fell off a chairlift at Whistler Blackcomb resort on Monday.

The 11-year-old boy slipped from the Peak Express Chairlift on Whistler Mountain around

1:45 p.m. after leaning off the edge of the chair to pick up a ski pole he had dropped while loading, the resort said in a statement Wednesday.

The resort said the boy dropped about six metres into a "fireman's net" rescuers were holding below, and he was not injured in the fall.

A YouTube video capturing the incident has made international headlines since it was posted Monday.

Tall order to fuel and feed the north



Whether it's fuelling 120 snowmobiles or 120 soldiers, it's a tall order in the high Arctic.

Tim McCagherty, chief of arctic logistics at the Polar Continental Shelf Program (PCSP) in Resolute Bay, said the planning to supply operations like the Canadian Armed Forces' (CAF) on-

going Arctic Ram exercise starts more than a year in advance.

"We (had) a rough idea of some of the activities the CAF would be doing this spring, so actually in January last year we put in fuel orders," he said. "That was then procured, went to Valleyfield (in Quebec), was loaded onto the sea-lift boats and was received here in September of last year."

Having that fuel specifically allocated for Arctic Ram and stored up north guaranteed the Arctic Response Company Group

(ARCG) could take snowmobiles and fuel more than 150 kilometres north of the PCSP and Arctic Training Centre (ATC) compound to complete the exercise.

Without the foresight to ship the fuel by boat, costs would rise significantly if fuel were air-lifted.

"I believe sea-lift last year was about \$484 per tonne," McCagherty said. "So in comparison, to air-freight — for example from Ottawa to Resolute Bay on scheduled air service — is about \$16 or \$17 per kilo, so (there's)

considerable saving."

Out in the field, the reservists with the ARCG are eating Spartan rations cooked in pressure cookers over camp stoves, or heated by chemical warming pouches.

But at the shared PCSP-ATC meal hall, the menu more closely resembles a typical university cafeteria.

Perishables obviously can't be stored long, so flights related to the operation are filled to maximum payload and often serve multiple purposes.

Zellers

NEPEAN

2065 ROBERTSON RD., NEPEAN
613-726-1379

STORE WIDE
CLEARANCE EVENT!

HURRY IN FOR BEST SELECTION, WHILE QUANTITIES LAST.
ON NOW THRU WEDNESDAY, FEBRUARY 24

SAVE UP TO
87%

WHEN YOU TAKE AN
EXTRA 75%* OFF
women's national and
private brand fall and winter
sportswear, dresses
and sleepwear

SAVE UP TO
87%
WHEN YOU
TAKE AN EXTRA
75%* OFF
men's national and private
brand fall and winter
sportswear, sleepwear
and outerwear

SAVE UP TO
85%
WHEN YOU
TAKE AN EXTRA
70%* OFF
women's fall and
winter shoes
and boots

GREAT PRICING ON
MAJOR HOME FASHIONS
SAVE AN EXTRA
25%*
on already-low prices on
mattresses and furniture
SAVE UP TO 40%
on appliances

Hours of operation: Mon. - Fri. 9:30 am - 9 pm | Sat. 9:30 am - 6 pm | Sun. 10 am - 6 pm

Store discounts are off the lowest ticketed price. We accept Hudson's Bay MasterCard®, Hudson's Bay Credit Card, major credit cards, debit cards, cash. No cheques. No price adjustments on price purchases. No returns, exchanges or price adjustments on Major Home items. Selection may vary. While quantities last. Some exclusions will apply. No Rain Checks. See store for details. No other discounts apply. *Extra 75% off women's sportswear, dresses and sleepwear and men's sportswear, sleepwear and outerwear and extra 70% off women's fall and winter shoes and boots, extra 25% off mattresses and furniture off the last ticketed price. This promotion does not apply to items that are price pointed. Additional Dot Discounts are not applicable. Other exclusions apply.

Heat is on around the world: NASA

METEOROLOGY

'Extraordinarily hot' weather is tied to climate change: Expert

Global average temperatures hit a record high last month, according to data released by NASA.

A record-breaking anomaly — an increase of 1.13 C — was also observed in January compared to the average temperature recorded between 1951 and 1980, NASA's Goddard Institute for Space Studies reported this week.

"It's a snapshot into the future," Deborah Harford, executive director of the Adaption to Climate Change team at Simon Fraser University, told Torstar News Service about the value of the data.

"It's useful because it can help us plan now for what we need to prepare for. One of the major changes in climate

projected by climate models is that we'll have warmer, wetter winters. The fact that it's a hotter January is a good example of that," Harford said.

She said "extraordinarily hot" weather in recent years is tied to man-made climate change and processes like El Niño and the Pacific Decadal Oscillation (PDO), an El Niño-like pattern of ocean temperature changes in the Pacific Ocean basin.

A large band of territory across northern Canada, Alaska, Russia and the Arctic experienced the most pronounced warming last month, a map based on the recent NASA data showed.

According to Paul Beckwith, a part-time professor at the University of Ottawa specializing in abrupt climate change, the high Arctic is warming between five to eight times

faster than the global average.

Beckwith told Torstar that warming in the Arctic is changing the behaviour of jet streams, which in turn influences the frequency, severity and duration of extreme weather events like torrential rains and droughts.

Large parts of Canada have had very warm weather so far this winter, for example, while the East Coast has been hit with severe snowstorms due in large part to the evaporation of warmer surface water in the Atlantic Ocean, he said.

"The key point is the Arctic: What happens in the Arctic doesn't stay in the Arctic," Beckwith said.

"The Arctic changes are influencing weather patterns in the northern hemisphere severely ... and it's also affecting the southern hemisphere, as well." TORSTAR NEWS SERVICE

12.9 C

The study found that temperatures in northern Canada, Alaska, Russia and the Arctic were 4 to 12.9 C warmer than the 1951-1980 average.



1 Danish aid worker Anja Ringgren Lovén and "Hope," saved from the streets of Nigeria.

2 Nigerian toddler Hope was abandoned by his family and left to die after he was accused of witchcraft.

3 "Hope is getting so much better," Lovén says.

ALL PHOTOS: COURTESY ANJA RINGGREN LOVÉN

OPEN HOUSE - DEMO DAY



Monday February 29, 2016
9:00am-7:00pm

At Nepean Hearing we have been helping people overcome their hearing loss through expertise and knowledge for over 16 years. If you have questions about your hearing, that of a loved one or simply want to know what's new in hearing technology we welcome you to join us on February 29th. We have Chris Hoey from Siemens to demonstrate the latest on the market, book your appointment today!

Complimentary
Hearing Screening
& Demonstration

Free Wireless
& Accessories
with the Purchase
of Hearing Aids
(\$400 Value)

nepean
hearing

where hearing is for life

15-2039 Robertson Rd.
613.726.7098
nepean-hearing.ca

SIEMENS

SUB-SAHARAN AFRICA

Nigerian 'witch' boy rescued

Photos of a starving Nigerian toddler have inspired a flood of donations to a little-known aid organization that seeks to rescue the growing number of children accused of witchcraft.

Danish aid worker Anja Ringgren Lovén posted photos of the emaciated little boy, whom she named "Hope," on Facebook on Jan. 31.

Lovén had received a tip that Hope, who was no older than three years old, was abandoned by his family and left to die in the streets after he was accused of witchcraft.

"When we heard that the child was only two to three years old, we did not hesitate," Lovén told Huffington Post UK.

"A child that young cannot

survive a long time alone on the streets. We immediately prepared a rescue mission."

Lovén founded the Afri-

"When we heard that the child was only 2 to 3 years old, we did not hesitate."

Anja Ringgren Lovén

can Children's Aid Education and Development Foundation (ACAEDF) three years ago after travelling to Nigeria and being confronted with dozens

of children such as Hope, she told the Huffington Post.

Hope was not her first rescue.

In 2014, many media outlets reported that ACAEDF had rescued two eight-year-old children who were accused of witchcraft by their family and tortured.

Poverty, the AIDS epidemic and wars have helped fuel the belief in witchcraft in sub-Saharan Africa, according to a 2010 report by UNICEF.

Often, children are blamed by those closest to them — their parents or guardians — for tragedies that are beyond their control, such as the death of a relative.

TORSTAR NEWS SERVICE

REPUBLICAN RACE

'Torture works,' says Trump

"Torture works," Republican presidential front-runner Donald Trump declared Wednesday, repeating his vow to bring back waterboarding and approve other, tougher interrogation techniques.

"Don't tell me it doesn't work. Torture works, OK folks?" the brash billionaire told a crowd in South Carolina, site of the next Republican primary on Saturday.

Trump has repeatedly advocated enhanced interrogation

techniques for foreign prisoners, and he said again Wednesday he would "absolutely" allow waterboarding, which simulates the feeling of drowning.

"But we should go much stronger than waterboarding," he said. "That's the way I feel. They're chopping off heads. Believe me, we should go much stronger because our country's in trouble, we're in danger. We have people that want to do really bad things."

"Waterboarding is fine, but it's not nearly tough enough."

Donald Trump

"Waterboarding is fine, but it's not nearly tough enough," he added.

THE ASSOCIATED PRESS

w//eels.ca



AUTOSHOW
YOURmove
PRESENTED BY
TORONTO STAR
thestar.com
w//eels.ca

METRO TORONTO
CONVENTION CENTRE
FEB. 12 - 21

VISIT THE
Toronto Star / WHEELS.ca
BOOTH



YOU COULD WIN
***\$50,000**
TOWARDS A NEW CAR,
LIKE THE PRIUS



*One winner will receive a \$50,000 credit towards the purchase of a car at any participating Trillium Automotive Dealers Association member. No purchase necessary. Contest open to Ontario residents who are at least 18 years of age. Contest runs February 12-22, 2016. Full rules and regulations can be found at Wonderlist.ca/autoshow2016 or onsite in the Toronto Star booth at the 2016 Canadian International AutoShow.



CHANTAL HÉBERT: ON THE ASSISTED-SUICIDE VANGUARD



In contrast with comparable debates, this one will see the Liberal party break with the tradition of allowing its MPs — even when it is in government — to vote freely on so-called issues of conscience.

When the House of Commons votes on medically assisted suicide later this year, it will be making history in two controversial ways.

So far, only a handful of countries have included the option of assisted suicide in their end-of-life medical protocol. The upcoming federal legislation will be taking Canada in relatively uncharted social policy waters.

And then in contrast with comparable debates pertaining to the death penalty, abortion rights and same-sex marriage, this one will see the Liberal party break with the tradition of allowing its MPs — even when it is in government — to vote freely on so-called issues of conscience.

It is hard to quarrel with the notion that medically assisted suicide falls in the limited category of policies that stand to go against the deeply held personal convictions of some MPs. When it adopted a provincial law along similar lines, the Quebec national assembly held a free vote.

At the federal level, the Conservatives will not impose a party line on their MPs. Nor will the NDP. In contrast with reproductive rights, the New Democrats have historically not championed medically assisted suicide. They, like their Conservative colleagues, will be free to make up their own

minds as to whether to support the bill.

But the Liberal decision to forego a free vote is part of a broader change designed to ensure Justin Trudeau's caucus walks the talk of the party's professed commitment to charter rights. That was not always the case in the past with divisions surfacing on votes on abortion and gay rights.

The new approach was part and parcel of the recent Liberal platform.

It could also be argued that forcing the party line on the majority Liberals removes any uncertainty as to the fate of the bill in the Commons.

The last time the House pronounced on the issue of medically assisted suicide an overwhelming majority of MPs — including an equally overwhelming majority of Liberals — voted against it by a margin of 228 to 59.

But that was at a time when the Supreme Court still held that the ban on the procedure was constitutional. Since then the top court has reversed itself.

Based on the recent past, that reversal would be grounds for many MPs to reconsider their position, regardless of whether the vote was a free one.

After the courts ruled in favour of same-sex marriage a bit more than a decade ago, many MPs who had previously supported the definition of marriage as a union between a man and a woman changed their stance.

To make supporting the bill even easier, MPs will not actually be asked to give the green light to medically assisted suicide. That ship sailed when the Supreme Court struck down the Criminal Code sections that pro-

hibited it.

The main purpose of the federal legislation currently being drafted against a court-imposed June deadline is to avoid a patchwork system of end-of-life care by putting in place a common national framework.

All that being said, in its quest to present a united front on an issue involving a charter right, Trudeau's government may be doing a disservice to the debate and to the legislation that will result from it.

A government that cannot automatically count on its majority to get its way is more likely to be receptive to the arguments of all MPs. The opposition parties, in return, are more likely to feel they have a stake in the resulting legislation.

One of the strengths of the Quebec law is that it was supported freely by a majority of MNAs of every political stripe. The four parties came away from the discussion feeling they had all had real input in the process.

As a result, the Quebec law is not at the mercy of a change in government and — even as it remains controversial in some circles — it is hard to make a case that is the product of an artificially imposed consensus.

And then, in contrast with their elected colleagues, all senators will be free to vote as they please on the legislation. By foregoing a free vote in the House of Commons, Trudeau is inviting the groups that are lobbying against the measure to make their stand in the upper house.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

No government has any business deciding who's press.

One year ago, Ezra Levant, king of right-wing punditry, launched a news website to "light a candle" after the death of Sun News Network.

He called it The Rebel, and promised to "rebel against the smug mainstream media.... Rebel against the idea that Jian Ghomeshi and Brian Williams are real journalists, but we're not, because we're direct-to-the-Internet."

Ghomeshi had been fired months before, but it was otherwise a prophetic statement: On Tuesday, Alberta's NDP government deemed that, no, The Rebel's staff are not real journalists.

"If you have testified under oath that you are not a journalist" — a disingenuous reference to Levant's claim to be a pundit, not a reporter — "then we don't consider you a journalist," it said in a statement, after banning two Rebel staff from press events in recent weeks.

Cue a national outcry over free speech. Cue Wednesday's backtracking of the ban: "It's clear we made a mistake," the premier's communications director said.

Indeed. No government has any business deciding who's press and who's not — least of all the Alberta NDP, which has enough problems as it is, chiefly the decimation of oil prices and its own dismal approval ratings.

In Alberta, reporters and

photographers don't even have to be part of the provincial legislative assembly's press gallery (an organization of accredited media) in order to cover new conferences, said gallery president and Calgary Herald reporter Darcy Henton in a statement. He added the gallery's support for "the right of journalists to provide vigorous and diverse" political coverage.

That was a welcome shout-out from the "smug mainstream media" to The Rebel, which posted the statement. Elsewhere on its site, Faith Goldy, a former Sun personality, parodied the fiasco with a "coming out" video as a "real journalist." It's not funny (as she hopes) because it makes fun of LGBTQ people. It's funny because there's no definition of a "real" journalist.

This is an open and free profession. I don't have a degree in it. Anyone can start a news site. In Ottawa, BuzzFeed and Vice are in the press gallery. What I, or anyone, think of The Rebel's ideological slant is immaterial. It should have access to the government, like the rest of us, barring it doesn't break the law.

But the NDP? It can't even practise its own inclusive lefty idealism. Now it's having to review its media policies to save face, and The Rebel (predictably) has threatened to sue. But hey, that's its right.

THE MICROTREND: A stitch in time



Embroidery, for centuries practically the only fine art form open to women, has gained a very 21st-century champion: Taylor Swift. The pop diva had a hoodie hand-stitched whimsically with her nickname, TayTay, and like many things rustic and retro, it was an instant hit on social media. Decorative sewing — on pillows, dish towels, wall hangings, clothes — was once an activity reserved for refined ladies in drawing rooms. Now it has taken on a decidedly punk flair (a related fad is "crass stitch," it's exactly what it sounds like). Major designers are releasing lines of embellished denim for spring, inspired perhaps by the ever-more-elaborate needlework exploding in popularity on Pinterest and Instagram. Much of it is designed digitally, then meticulously hand-sewn. And seemingly everybody is lining up to learn how: At an upcoming workshop in Toronto (two straight days of sewing!), the list of people interested outnumbered available spots by a factor of 20. SOURCE: THE TELEGRAPH; PHOTO: DREAMALITTLEBIGGER.COM

A government that cannot automatically count on its majority to get its way is more likely to be receptive to the arguments of all MPs.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR OTTAWA
Steve Rennie

ADVERTISER INQUIRIES
adinfo@ottawa.metronews.ca
General phone 613-236-5058

FREE TO SHARE 

PHILOSOPHER CAT
by Jason Logan

EVERYONE FORGETS THAT ICARUS ALSO FLEW.


JACK GILBERT

Philosopher cat now at
www.mymetrotore.ca



BOOK VS. MOVIE WHICH IS BETTER?

Hollywood's gone book crazy if the latest Oscar noms are anything to go by. Six movies in the best film, best director and best adapted screenplay categories were originally books. Which prompts us to ask the age-old question: which is better, the movie or the book? TORSTAR NEWS SERVICE

1 Brooklyn

Based on the 2009 novel by Colm Toibin

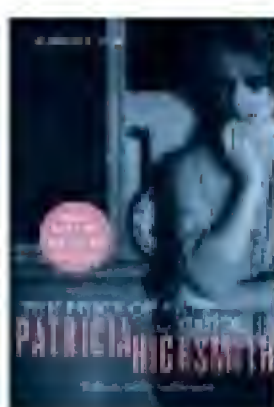
Brooklyn is one of those rare cases in which the novel and film complement each other rather than compete. The film brings a vibrant life to the story, while the novel allows for greater immersion and intensity. Each satisfies on its own, but they're best taken together.



2 Carol

Based on the 1952 novel The Price of Salt by Patricia Highgate

Anyone who sees Carol should also be required to read The Price of Salt, to fully absorb the impact and significance of the story as well as the depth of what these people feel for one another. It's a love that defies convention but also one that is just like anyone else's.



3 The Big Short

Based on the 2010 book by Michael Lewis

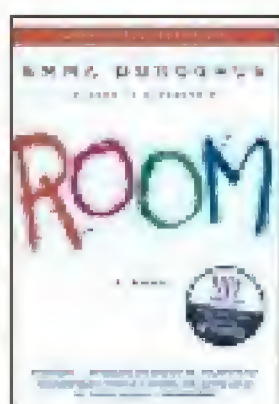
It's always tempting to come down on the side of the book, but a topic of such supreme denseness (we're talking subprime mortgages, collateralized debt obligations and credit-default swaps) needs all the help it can get. So the movie entertains and enlightens more than the book ever could.



4 Room

Based on the 2012 book by Emma Donoghue

The book asks more from us as all books do: to use our imaginations and interpret what we read through our own experience. But the movie was fantastic and evoked all of the emotions experienced while reading the book: fear, disgust, incredulity. So it's a bit of tie.



5 The Revenant

Based in part on the novel The Revenant by Michael Punke

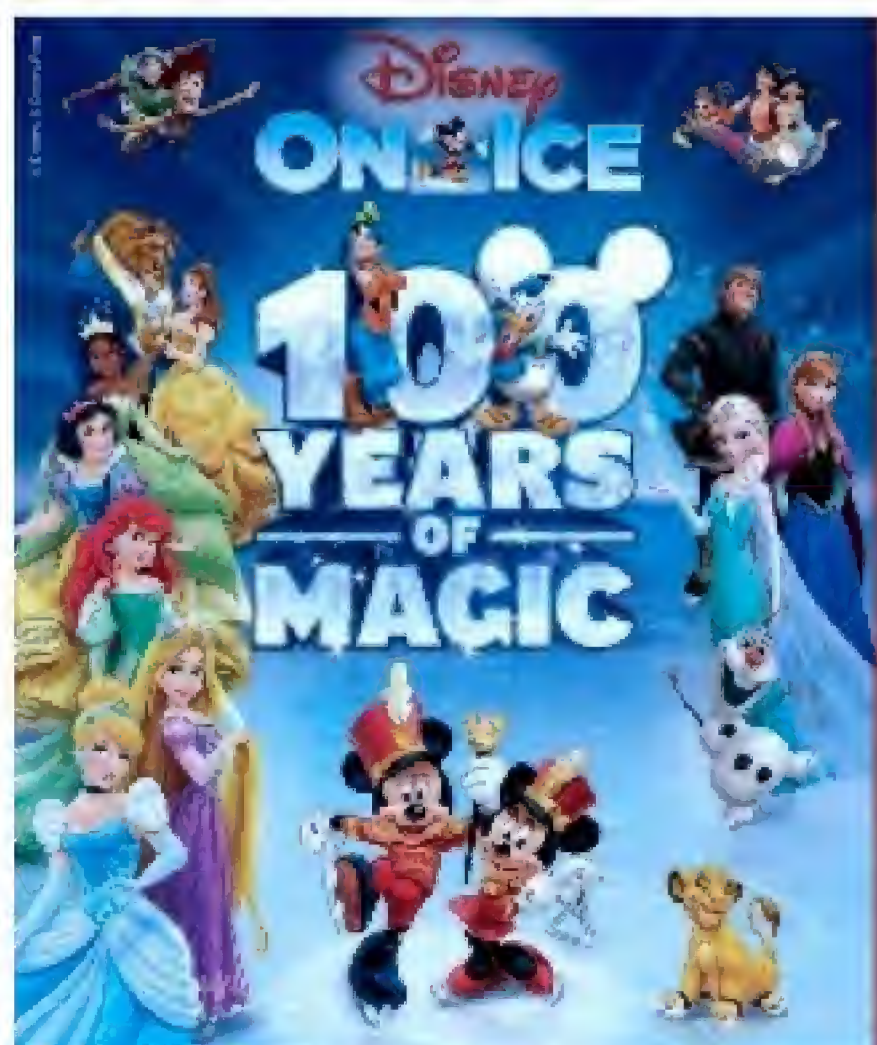
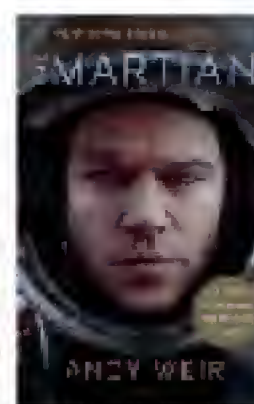
The differences between the book and film are so significant as to raise questions about filmmaker Alejandro Gonzalez Inarritu's motivations. Why a climactic showdown, rather than the ending of the book? Why change Glass's back story to include a native wife and son? The book is a subtler, stronger piece of storytelling, but there is no denying the primal force of the film.



6 The Martian

Based on the 2014 book by Andy Weir

The page-turning plot transfers largely intact from author Weir's page to director Ridley Scott's screen. The movie is the better version of the story. Scott is a master at putting sci-fi sagas and worlds onto the screen, having previously done so with Blade Runner, Alien and Prometheus.



FEB. 24 – 28
CANADIAN
TIRE CENTRE

Wed.	Thu.	Fri.
FEB. 24	FEB. 25	FEB. 26
7:00 PM	10:30 AM	7:00 PM
		7:00 PM
Sat.	Sun.	
FEB. 27	FEB. 28	
11:00 AM	11:00 AM	
3:00 PM	3:00 PM	
7:00 PM		

*French language performance

ORDER AT **CAPITALTICKETS.CA**



DisneyOnIce.ca

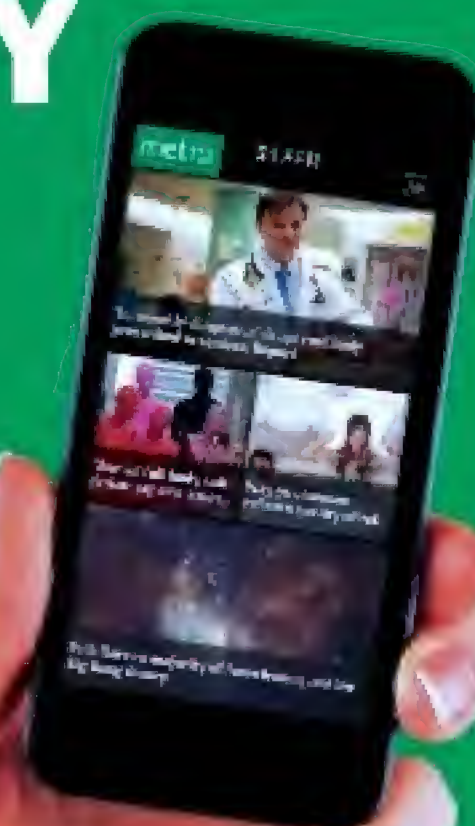
metro

THE HANDY POCKET VERSION!

Get the news as it happens

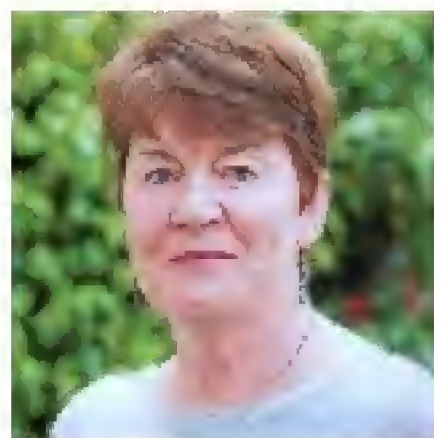


Download the Metro News App
today at metronews.ca/mobile



BOOK EXCERPT THE WIDOW BY FIONA BARTON

‘My husband died three weeks ago’



Fiona Barton JUSTYN WILLIS

England's Fiona Barton is an international media trainer working in developing countries and was formerly a senior writer for the Daily Mail. She also worked as a news editor at the Daily Telegraph and as chief reporter at The Mail on Sunday. It was her experience covering notorious crimes and trials that inspired her to write *The Widow*, her first novel. *The Widow*, now in stores, is a psychological thriller that gives an acute portrait of a marriage in crisis.

I can hear the sound of her crunching up the path. Heavy footed in high heels. She's almost at the door, hesitating and smoothing her hair out of her face. Nice outfit. Jacket with big buttons, decent dress underneath and glasses perched on her head. Not a Jehovah's Witness or the Labour party. Must be a reporter, but not the usual. She's my second one today — fourth this week, and it's only Wednesday. I bet she says, 'I'm sorry to bother you at such a difficult time.' They all say that and put on that stupid face. Like they care.

I'm going to wait to see if she rings twice. The man this morning didn't. Some are obviously bored to death with trying. They leave as soon as they take their finger off the bell, marching back down the path as fast as they can, into their cars and away. They can tell their bosses they knocked on the door but she wasn't there. Pathetic.

She rings twice. Then knocks loudly in that rap-rap-

rappity-rap way. Like a policeman. She sees me looking through the gap at the side of my net curtains and smiles this big smile. A Hollywood smile, my mum used to say. Then she knocks again.

When I open the door, she hands me the bottle of milk from the doorstep and says, 'You don't want to leave that out, it'll go off. Shall I come in? Have you got the kettle on?'

I can't breathe, let alone speak. She smiles again, head on one side. 'I'm Kate,' she says. 'Kate Waters, a reporter from the Daily Post.'

'I'm —' I start, suddenly realizing she hasn't asked.

'I know who you are, Mrs Taylor,' she says. Unspoken are the words: You are the story. 'Let's not stand out here,' she says. And as she talks, somehow, she's come in.

I feel too stunned by the turn of events to speak and she takes my silence as permission to go into the kitchen with the bottle of milk and make me a cup of tea. I follow

her in — it's not a big kitchen and we're a bit of a squeeze as she bustles about, filling the kettle and opening all my cupboards, looking for cups and sugar. I just stand there, letting it all happen.

She's chatting about the units. 'What a lovely fresh-looking kitchen — I wish mine looked like this. Did you put it in?'

It feels like I'm talking to a friend. It isn't how I thought it would be, talking to a reporter. I thought it would be like being questioned by the police. Thought it would be an ordeal, an interrogation. That's what my husband, Glen, said. But it isn't, somehow.

I say, 'Yes, we chose white doors and red handles because it looked so clean.' I'm standing in my house discussing kitchen units with a reporter. Glen would've had a fit.

She says, 'Through here, is it?' and I open the door to the living room.

I'm not sure if I want her here or not — not sure how

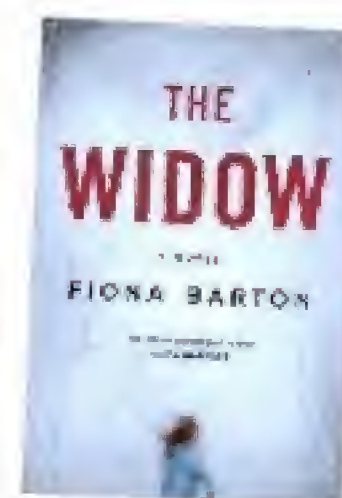
I feel. It doesn't feel right to protest now — she's just sitting and chatting with a cup of tea in her hand. It's funny, I'm quite enjoying the attention.

I get a bit lonely inside this house now that Glen is gone.

And she seems to be in charge of things. It's quite nice really, to have someone in charge of me again. I was beginning to panic that I'd have to cope with everything on my own, but Kate Waters is saying she'll sort everything out.

All I have to do is tell her all about my life, she says.

My life? She doesn't really want to know about me. She hasn't walked up my path to hear about Jean Taylor. She wants to know the truth about him. About Glen. My



husband. You see, my husband died three weeks ago. Knocked down by a bus just outside Sainsbury's. He was there one minute, giving me grief about what sort of cereal I should've bought, and the next, dead on the road. Head injuries, they said. Dead, anyway. I just stood there and looked at him, lying there. People were running round finding blankets and there was a bit of blood on the pavement. Not much blood though. He would've been glad. He didn't like any sort of mess.

Everyone was very kind and trying to stop me seeing his body, but I couldn't tell them I was glad he'd gone. No more of his nonsense.

EXCERPTED FROM THE WIDOW BY FIONA BARTON. COPYRIGHT (C) 2016 FIONA BARTON. PUBLISHED BY PENGUIN CANADA, A DIVISION OF PENGUIN RANDOM HOUSE CANADA LIMITED. REPRODUCED BY ARRANGEMENT WITH THE PUBLISHER. ALL RIGHTS RESERVED.

NEW BOOK

The many ways to look at a fat girl

Anyone who has ever deleted an unflattering selfie or faced the mirror with a sigh will relate to some aspect of Mona Awad's series of connected stories, *13 Ways of Looking at a Fat Girl*, published by Penguin Canada.

Drawing from personal experience, Awad digs deep into the complexities of body image, and how we see others and ourselves.

She first explored the topic through personal essays, but found real freedom and honesty through fiction. Told through 13 vignettes, the often-funny stories follow tough-minded yet vulnerable suburbanite Lizzie as she transforms from a "fat girl" teenager to a food-obsessed thin woman.

The book travels with young Lizzie from Misery Saga (a.k.a. Mississauga) and the goth clubs of Toronto's Queen West neighbourhood to an adulthood marked by body-conscious health clubs and boutique clothing stores.

"There are all these different ways in which body image affects our lives, and certainly that what I observed with other people who have struggled with this," Awad says.

"I was interested in how body image affected the dynamics in friendship, and how it affected your relationship to sex, to your husband, to your mother, to clothes and food and yourself,



Mona Awad. CONTRIBUTED



and how that might change — or not — depending on how you feel about your body."

Although Lizzie loses weight and develops into a thin adult, her former self never completely vanishes.

She later returns to the plus-sized clothing store Addition Elle, the scene of much teenage distress and frustration with its proliferation of glittery, rhinestone animal-patterned shirts.

In a short, taut story named after the store, Awad deftly sums up the complex emotions many of us face at one point or another in a dressing room.

"It's just clothes but the relationship is just so charged," says Awad.

"Addition Elle really unlocked something for me. There's a lot of anxiety there, a lot of desire, and hope and frustration."

Awad, who grew up in Montreal and Toronto, and is now pursuing her PhD in creative writing and English literature at the University of Denver, wrote *13 Ways of Looking at a Fat Girl* in part because she observed a lack of narratives that handle body image in a way she desired.

"I wanted to explore the underside and complications around transformation, and ask the question: when you change, can you really change? Do you leave a former self behind, or is it still informing the way you are in the world and interact with people, and the way you see yourself?" SUE CARTER/METRO

Sue Carter is the editor at Quill & Quire magazine.

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS
Canada is our stage. La Canada en scène.

FACE à FACE

February 24, 26, 27

DOUBLE BILL

Ima Iduzee: *This is The Title*

Idan Sharabi & Dancers: *Ours*

Tickets \$25

NAC DANCEDANSECNA

nac-cna.ca

TRINITY
LIVE
RUSH

ticketmaster.ca
1-888-991-2787 (ARTS)



JOHANNA SCHNELLER
WHAT I'M WATCHING

Dating is not comedy, it's misery



Jacobs and Rust in the Netflix series *Love*. CONTRIBUTED

THE SHOW: *Love*, Season 1, Episode 9 (Netflix)
THE MOMENT: The Fight

Mickey (Gillian Jacobs, *Community*) and Gus (Paul Rust, a co-creator of the series) don't look like they belong together. He's a geek, a pushover, but he has integrity. She's a bombshell who refuses to understand that she creates her own messes. They started hanging out. He fell hard. She slept with him to see what it was like. Now he's the one who's not calling her back, and she's barged into his workplace.

"Surprise, I'm not the cool girl," she says. "I'm not some girl you f— to prove that you can be dangerous and not some huge dork."

"So that's what I am to you, just this dork," he counters. "Who you f—, and then feel like you're getting your life together because you're f—ing a nice guy and not a piece of sh—."

The argument, and the show, from comedy overlord Judd Apatow, is certainly zeitgeistastic — one of many about millennials struggling to believe in love (*Master of None*, *Girls*, *UNREAL*, *You're the Worst*). They're not comedies, they're miseries.

Love inverts the standard relationship equation: She's the casually destructive reprobate, he's the romantic. It's about guys who feel left behind because they aren't into hookups, and girls who aren't sure how to navigate their desires.

But what makes it the show for this moment is this: In a culture where we spend much of our lives standing back from ourselves, packaging curated versions on social media, we end up not knowing what's real. Could it be called *Love*?

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

PLAY Yesterday's Answers

from your daily crossword and Sudoku

5	2	9	8	1	3	7	4	6
8	7	6	5	9	4	1	2	3
1	4	3	6	2	7	9	5	8
7	5	1	2	6	9	8	3	4
6	3	2	7	4	8	5	1	9
9	8	4	3	5	1	2	6	7
2	1	8	4	7	6	3	9	5
4	9	7	1	3	5	6	8	2
3	6	5	9	8	2	4	7	1

for more fun and games go to
metronews.ca/games

STREAMING

Study shows slow internet is bad for your health

Video streaming delays generate as much stress as watching a horror film, the Swedish telecom company Ericsson said Wednesday.

Ericsson, which sells equipment to mobile telephone companies to accelerate download speeds and prevent delays or buffering, said its study measured the heart rate, brain activity and eye movements of people watching videos on a mobile phone.

People were asked to perform tasks on deadline, during the study, which required them to watch a badly buffered video download. Subjects experienced an average heart rate jump of 38 per cent, according to Ericsson.

If this buffering delay lasted six seconds, "the stress response to delays was similar to that of watching a horror movie or solving a mathematical problem and greater than

waiting in a check-out line at the grocery store," Ericsson said in its quarterly report on trends in the mobile internet.

The test was conducted in Denmark, a country which boasts some of the world's fastest mobile internet speeds, averaging 22.3 megabits per second in 2014, according to researchers at the Finland's Aalto University.

Over the last twelve months global mobile data traffic,

which includes streaming, increased by 65 per cent, according to Ericsson.

Even "moderate delays result in a double negative for mobile operators: decreased engagement with their brand and increased engagement with competitors," Ericsson said.

"Offering customers good network performance when it is needed is a key to improving brand equity", for mobile companies, Ericsson concluded. *AFP*

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS
Canada is our stage. Le Canada en scène.



THE MUSIC OF
QUEEN
WITH **RAJATON**

WITH THE **NAC ORCHESTRA**
JAAKKO KUUSISTO, CONDUCTOR **RAJATON**, VOCAL SEXTET

FEBRUARY 25-27 TICKETS FROM \$25

NAC ORCHESTRA
2015 / 2016 SEASON

nac-cna.ca
NAC BOX OFFICE MON.-SAT. 10 a.m. - 9 p.m.
GROUPS 10+ 613 947-7000 x634 | grp@nac-cna.ca

TRINITY
LIVE RUSH
liverush.ca

MEDIA PARTNER
Journal 98

MEDIA PARTNER
LeDroit

ticketmaster.ca
1-888-991-2787 (ARTS)

Photo: Ville Paul Passimaa

MEET THE CONDO

ArtHaus set in ByWard Market

Project overview

ArtHaus is a condo building that will occupy the 15th to 23rd floors of the new Arts Court tower in the ByWard Market. The Ottawa Art Gallery and the Le Germain Hotel will fill the lower floors. Construction began last summer, and is still underway, with units opening for sale this spring.

Housing amenities

The building will have 89 different units for buyers to choose from — each one with a view of Ottawa's attractive cityscape. The polished, modern interiors were designed by U31, and are highly conducive to downtown living with their efficient, flexible floorplans.

Location and transit

The site boasts a 93 per cent transit score and an even better walk score. Plus, with the LRT opening in 2018, buyers can look forward to even broader transportation options in the future. ArtHaus is located in the ByWard Market, meaning that a wide variety of retail, food and entertainment options are within arm's reach.

In the neighbourhood

The ByWard Market is a trendy, lively part of the city centre, with a pleasant nightlife atmosphere and numerous things to do. It is conveniently near the University of Ottawa, and is minutes away from the Rideau Canal and the National Arts Centre. ILANA REIMER/FOR METRO

ARTHAUS



CONTRIBUTED

+ NEED TO KNOW

What: ArtHaus in the ByWard Market
Builder: DevMcGill
Designer: Régis Côté & Assoc.
Location: 20 Daly Ave.
Building: Residential condominium
Size: Starting at 444 square feet.
Pricing: Starting in the mid

\$200,000s
Model: One to three bedrooms, one to 2.5 bathrooms, dining room and lounge
Status: Open for sale Spring 2016
Occupancy: 2017
Sales centre: 264 Rideau St.
Phone: 613-704-0450
Info: arthauscondos.com

PROJECT

Create your own mini garden with these DIY terrariums

Terrariums continue to trend, and for the plant-obsessed urban dweller they are a great small-space solution. A miniature garden under glass is a fun and easy way to add a little greenery to an indoor space. A great gift for a green thumb, all that's required are a few materials from your local garden shop to create a stylish tabletop garden.

Step 1: Gather and shop for the supplies

- Glass containers
- Plants
- Activated charcoal
- Soil
- Small stones or pebbles

Step 2: Add a layer of stones



to the container

Add a 1" (2.5-centimetre) layer of stones or pebbles to a clean, dry glass container. The stones will help provide drainage.

Step 3: Add a layer of charcoal to the container

Add a ½" (about 1 centimetre) layer of charcoal on top of the stones. This will help keep

the soil free from mould.

Step 4: Add soil to the container

Add enough soil to the container to allow your plants to fit comfortably.

Step 5: Add plants

Place your plants in the soil. Add a little extra soil to cover the roots and cover the plants evenly. Place the terrarium in location that gets indirect light. Water lightly and enjoy.

Tip: Terrariums tend to thrive in a well-lit space with indirect light. Don't over-water. If the plants look a little droopy or the soil is dry it is time to lightly water.

TORSTAR NEWS SERVICE



Terrariums are still on-trend and are a great way to bring some green into a small, urban space.

TORSTAR NEWS SERVICE

Time to go streaking

NHL

Senators hope to string wins together to climb standings

A win over the Carolina Hurricanes would do more for the Ottawa Senators than bring them two points closer to a team ahead of them in the standings.

It would also give the Senators a confidence-building win over a club that has traditionally given them fits.

The Senators have a 36-45-8-4 lifetime record against the Hurricanes, who visit the Canadian Tire Centre on Thursday night. Carolina beat Ottawa 3-2 in overtime the last time the clubs met in November.

"It's just one of those teams I think that this team has been struggling with for ages," said Senators captain Erik Karlsson. "I don't know why, if I had an answer, we would have changed it a long time ago."

"They're a good team and they're playing really good right now. They're above us in the standings so obviously it's a team we're going to have to beat and we're going to do whatever we have to do to get two points."

Ottawa snapped a three-game losing streak Tuesday night with a 2-1 shootout win over Buffalo



The Senators' Mike Hoffman, right, battles the Hurricanes' Ron Hainsey for the puck the last time the two teams met in November. Carolina won 3-2. ELLEN OZIER/THE ASSOCIATED PRESS

and know now is the time to start stringing some victories together.

"We've been talking about

getting momentum through winning one game here and trying to string something together, but we've kind of stalled the last little while when it came to that," said forward Zack Smith. "We would win a game and then come out and not quite play the game we wanted and end

up losing, so it might be a little cliché, but the next game's huge. Another win Thursday would be the start of a small winning streak and you never know after that."

As of Wednesday the Senators sat six points back of the final wild-card spot, with every team

+ MAPLE LEAFS

Phaneuf sorely missed

The Toronto Maple Leafs sensed Dion Phaneuf's absence in between periods of a recent loss to Chicago.

Their dressing room at United Center was unusually quiet in the intermissions. It was the kind of void Phaneuf usually filled in his six years as Leafs captain.

"That's why we miss him a lot," Roman Polak said after a Wednesday practice in Toronto. "He knew exactly what to say at that time. We miss him a lot."

Mike Babcock, the Leafs head coach, opted not to fill the captaincy for the remainder of this season.

ahead of them having at least one game in hand.

The Senators know time is starting to run short, and pinning their hopes on another remarkable run similar to last year's probably isn't in their best interest.

Last season the Senators were 14 points out of a playoff spot on Feb. 18 and went on an astonishing 23-4-4 run to get into the playoffs, but realize those kinds of runs are rare.

"We've got to start winning games and we've got to start winning them now," said forward Mark Stone.

THE CANADIAN PRESS

BOXING

Nike dumps Pacquiao

Manny Pacquiao's comments disparaging gays have cost him his contract with apparel giant Nike.

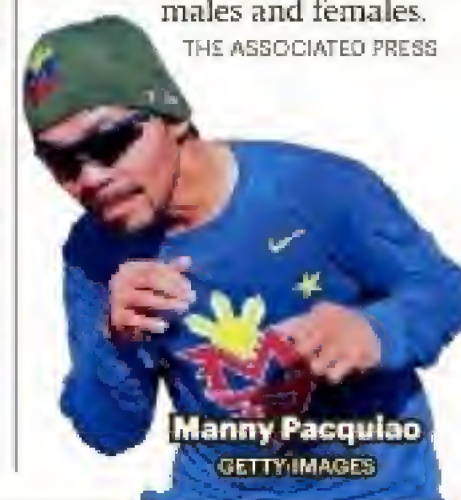
The company issued a release Wednesday saying it has dropped the Filipino boxer after he was quoted as saying gay people "are worse than animals."

Nike called Pacquiao's comments "abhorrent" and said the company strongly opposes discrimination of any kind and has long stood up for the rights of gays.

Pacquiao, who meets Timothy Bradley on April 9 in what could be his last fight, apologized Tuesday for the remarks made a day earlier. In them, Pacquiao said it was just common sense that animals are not gay.

Pacquiao, who is running for a Philippine Senate seat, made the remark in a video posted Monday on local TV's election site. He also said animals are better than people in same-sex relationships because they recognize the difference between males and females.

THE ASSOCIATED PRESS



Manny Pacquiao
GETTY IMAGES

We've got to start winning games and we've got to start winning them now. Mark Stone

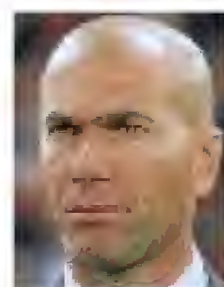
CHAMPIONS LEAGUE

Real makes Zidane a winner in elite play

Cristiano Ronaldo ended his away scoring drought with an impressive second-half goal as Real Madrid won 2-0 at Roma on Wednesday in the first leg of the Round of 16 in the Champions League.

The victory also marked a successful debut for Zinedine Zidane as Madrid's manager in the elite competition, with the 10-time champion taking a big step toward the quarter-finals.

It was Ronaldo's first goal on the road since Nov. 29, when he



Zinedine Zidane
GETTY IMAGES

and that we didn't concede any goals."

scored a penalty against Eibar.

"Everyone expects (Ronaldo) to score and today he was able to," Zidane said. "I'm happy for these two away goals

SOCCER IN BRIEF

Draxler leads Wolfsburg over Ghent with a brace

Julian Draxler scored two goals to lead Wolfsburg to a 3-2 away win over Champions League newcomer AA Ghent in the Round of 16 on Wednesday.

At 22, Draxler confirmed himself as the new creative force of a team which had been struggling, scoring just before and just after halftime in the first leg match.

Wolfsburg held a three-goal lead before Ghent scored in the 80th and 89th minutes. THE ASSOCIATED PRESS

Ex-FIFA exec fined and warned by ethics judges

Franz Beckenbauer has been fined and warned by FIFA's ethics committee for refusing to co-operate with Michael Garcia's investigation of World Cup bidding.

Beckenbauer failed to co-operate "despite repeated requests for his assistance" in the 2018-2022 World Cup inquiry, world soccer's ethics committee judging chamber said Wednesday. Beckenbauer was fined \$9,644. THE ASSOCIATED PRESS

NHL

Wideman's 20-game ban upheld by league

NHL commissioner Gary Bettman upheld Calgary Flames defenceman Dennis Wideman's 20-game suspension for cross-checking a linesman.

The NHL announced the appeal decision Wednesday.

Wideman met with Bettman at a hearing in New York last week after the player appealed the suspension handed down Feb. 3 by NHL senior executive vice-president of hockey operations Colin Campbell.

Wideman knocked down

“

I do not see a basis for a lesser penalty.

Gary Bettman

linesman Don Henderson during the Flames' game against Nashville on Jan. 27. The suspension is the second-longest in NHL history for abusing an official. THE ASSOCIATED PRESS



Jenn Hanna lost a heartbreaker to Jennifer Jones at the 2005 Tournament of Hearts. ANDREW VAUGHAN/THE CANADIAN PRESS FILE

Hanna-Jones reunion sparks 2005 memories

CURLING

Now legendary shot denied Ottawa's Jenn a Scotties title

Jenn Hanna knows what's coming. The Ontario skip is prepared for the reminders of Jennifer Jones's final stone the last time they met at a Canadian women's curling championship.

Up two points coming home without hammer, Hanna's team from Ottawa was on the verge of a national title at the 2005 Scotties Tournament of Hearts in St. John's, N.L.

But Jones made a shot that became part of curling lore. The Manitoba skip deflected the game's final stone off a corner guard outside the rings and rolled to the button to bump out Ontario's shot stone buried behind guards. Jones scored four for the victory and her

first Scotties win.

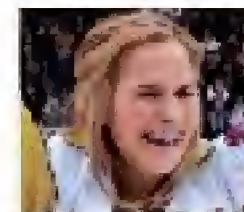
"It's probably the highest I've ever jumped," Jones says now. That walk-off, "in-off" shot has almost two million views on YouTube. It was a shot that altered the futures of both teams.

The television replay of the shot will be back in heavy rotation during the 2016 Canadian championship starting Thursday in Grande Prairie, Alta., as Hanna returns to the Scotties for the first time since 2005.

Ontario and defending champion Jennifer Jones meet in the round robin Feb. 25 at Revolution Place.

"Maybe I'll guard the in-off if it gets to that. Just kidding," Hanna said.

As deflating as the title slipping away was to a 26-year-old



Jennifer Jones
THE CANADIAN PRESS

death tiebreakers just to get into the playoffs. They forced Jones to execute a low-percentage shot perfectly for the win.

"Any time people bring that up to me, I get the 'oh, you probably don't want to talk about it,'" Hanna said. "Really, there's nothing about having lost that way that bothers me. We had a really great game and she was meant to make that shot and win that way. We did everything we could

in that week. We didn't leave anything out there." The national championship starts Thursday with British Columbia, Yukon, Northwest Territories and Nunavut in a pre-qualifying tournament to gain entry into the 12-team main draw starting Saturday.

The top four teams after the preliminary round make the Page playoff. The winner of the Feb. 28 final represents Canada at the women's world championship March 19-27 in Swift Current, Sask.

Jones, third Kaitlyn Lawes, second Jill Officer and lead Dawn McEwen are chasing a second straight Canadian title. The Winnipeg foursome went undefeated to win Olympic gold in Sochi, Russia, in 2014.

Jones and Officer have won five Canadian titles together with McEwen in on four of them. But back in 2005, McEwen was Hanna's second in St. John's and on the losing end of her future skip's historic shot.

Jones and Officer have won five Canadian titles together with McEwen in on four of them. But back in 2005, McEwen was Hanna's second in St. John's and on the losing end of her future skip's historic shot.

Jones and Officer have won five Canadian titles together with McEwen in on four of them. But back in 2005, McEwen was Hanna's second in St. John's and on the losing end of her future skip's historic shot.



She (Jones) was meant to make that shot and win that way. We did everything we could in that week. We didn't leave anything out there. Ottawa curler Jenn Hanna

THE CANADIAN PRESS



The Pensive Blizzard
\$14,000,000

Creativity is subjective.
The truth isn't.

Truth in Advertising Matters.

ASC

Advertising Standards Canada
adstandards.com/psa

Wordsearch

D R A M A D R A D D
R R D A R A M A M R
A M A A D R A M A A
D A M M R A M D A M
R A A D A M M A A
C O R O N A T I O N
S T R E E T M A A D
A D R A M A D M R A

+ OMG: NETHERLANDS OPENS "POOP BANK"

Dutch researchers have now opened the country's first "poop bank" in a rare and cutting-edge branch of medicine to treat people with chronic gut infections.

"Our poop bank will help give doctors and hospitals access to transplants of fecal matter," Ed Kuijper, professor of microbiology at Leiden University, told AFP.

The Netherlands Donor Faeces Bank (NDFB) will collect, store and distribute the stools necessary to help with such transplants.

Often this is the "only

solution for people suffering from chronic intestinal infections, and in particular Clostridium difficile (CD)," a bacteria which can develop in patients particularly after lengthy and heavy courses of antibiotics, Kuijper said.

"Certain antibiotics destroy intestinal flora which allows bacteria to develop and spread," he explained.

"Transplants of fecal matter allow healthy bacteria to be put back into the body, which then spread in the intestines and recreate healthy flora in the gut."

There are about 3,000 people diagnosed with CD annually in the Netherlands, and about five percent of cases become chronic. About three to four transplants of fecal material are carried out in the country every month.

Donors must be "in good health, neither too overweight or too skinny and must have good intestinal flora," said Kuijper.

Unlike in the U.S., where the first two poop banks were opened last year, donors are not paid. AFP

Find the words:

DRAMA DRAMA
DRAMA DRAMA
DRAMA DRAMA

CORONATION ST.

WEEKNIGHTS
7:30



* IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

You should feel an easing of the restrictions, especially financial restrictions, that you have been laboring under in recent weeks. However, that is not an excuse to go on a spree.

♉ Taurus April 21 - May 21

You have important things to do and only a limited amount of time in which to do them. But sharing the load with friends and colleagues will mean sharing the rewards as well.

♊ Gemini May 22 - June 21

Keep a cool head and don't let anyone tempt you to do something silly. The planets will put some way-out ideas into your head over the next 24 hours but, on this occasion, they are the kind of ideas you must reject.

♋ Cancer June 22 - July 23

You know you're in the right and you know that no one can stop you from following the path you've chosen to take. So why do you still hesitate?

♌ Leo July 24 - Aug. 23

Money worries seem to be on your mind a lot of late but there is no reason to panic. What is the worst that could happen? And if it did happen, would it really be so bad? Expect some positive financial news.

♍ Virgo Aug. 24 - Sept. 23

You may think you understand what makes a partner tick but something will happen that makes you realize just how little you really know about them. Never mind. You will get the chance to know them better.

♎ Libra Sept. 24 - Oct. 23

Get over the idea that you must do it all on your own, especially on the work front. No matter how ambitious you are you'll reach a point when you can't go further without assistance. Ask for it and you will get it.

♏ Scorpio Oct. 24 - Nov. 22

Know what you're getting yourself in for before backing someone else's creative venture. Just because you trust them does not mean they know what they're talking about.

♐ Sagittarius Nov. 23 - Dec. 21

Minor disagreements could easily get out of hand over the few days, so think before you speak and, if someone says something you do not agree with, don't make an issue of it.

♑ Capricorn Dec. 22 - Jan. 20

It may seem as if the world is gang-ing up on you but that is an illusion and you know it. Others are not blaming you for what has gone wrong, they are just pointing out where they think you could have done better.

♒ Aquarius Jan. 21 - Feb. 19

Don't worry if your cashflow is weak, because when the Sun changes signs tomorrow you will find new ways to make money. Of course, that will only be of benefit if you don't find ways to immediately spend it!

♓ Pisces Feb. 20 - March 20

The Sun enters your sign tomorrow you will enjoy a surge of energy. Today, however, you should take things easy and make your plans.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			5					
	2		3			8	4	
		1			8		7	
1	4				9	6		
		7	4				8	5
	3		8			4		
	5	4			1		9	
					2			

Sudoku: Concepts Puzzles Ltd. In King's College London, UK



RECIPE Sweet Corn Fritters



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

- 1/4 tsp salt
- 2 Tbsp grape seed oil

Directions

1. In a medium sized mixing bowl, whisk the eggs and corn together. Stir in the carrot, zucchini and green onion. Add the flour and salt and mix well.
2. Heat oil in a large skillet over medium heat and then drop heaping tablespoons of batter into skillet. Press down on the batter to form a pancake.
3. Cook the pancake until it's golden brown and then flip and cook on the other side.
4. Remove pancakes from the pan and place on paper towel. Serve with sour cream, a sprinkle of green onions and a side salad.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

Using pantry staples and a few fresh ingredients, these corn fritters remind us of the goodness of summer's sweet corn on a chilly, wintery night.

Ready in

Prep time: 10 minutes
Total time: 30 minutes

Makes: 14 silver dollar-sized cakes

Ingredients

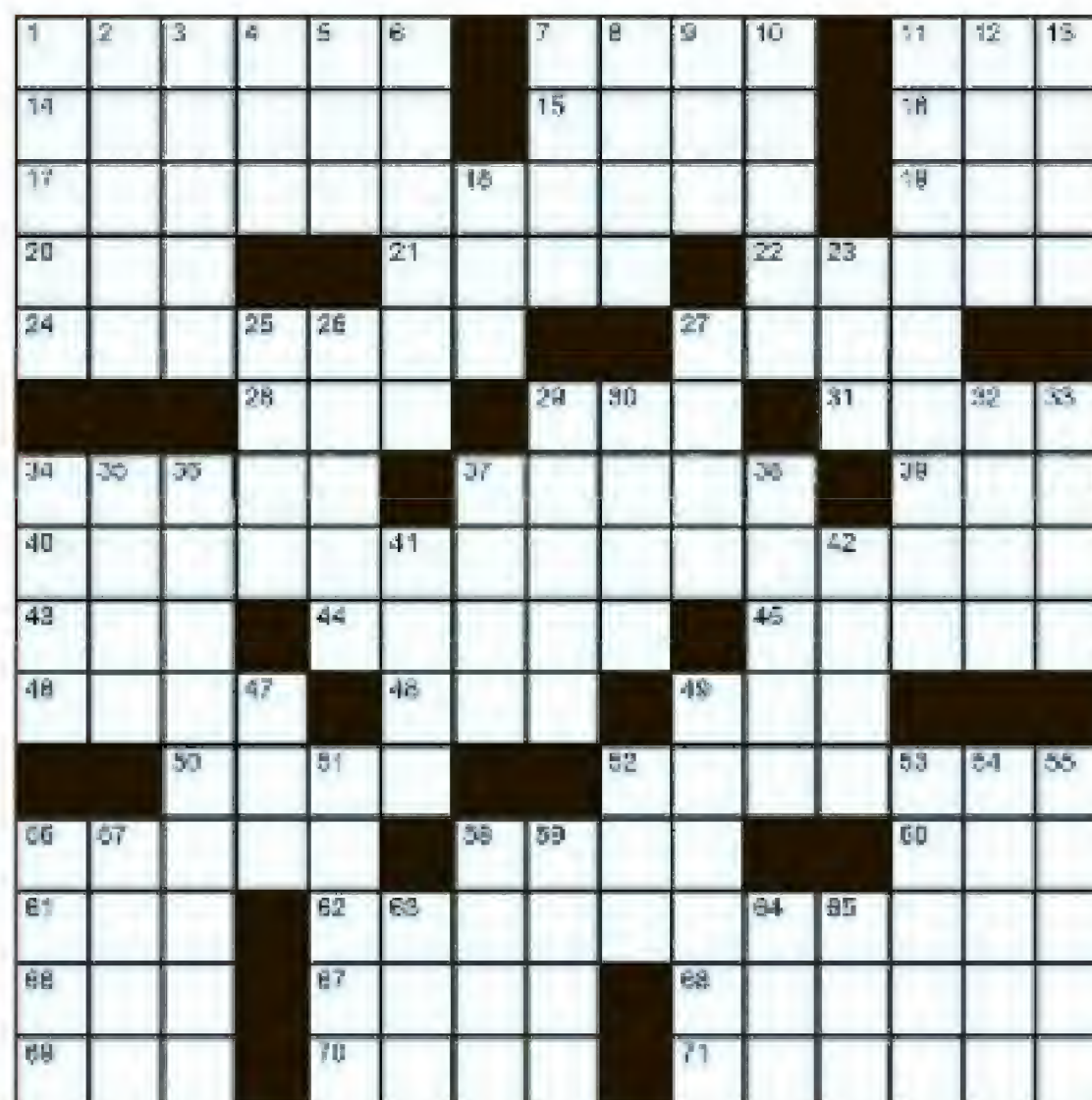
- 2 cups frozen corn
- 2 eggs
- 1 zucchini, grated
- 1 carrot, grated
- 1/4 cup thinly sliced green onion, plus more for garnish
- 1/2 cup spelt flour

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. '80290 _': Brand new album by #7-Across which reimagines hit tunes from 1980 to 1990
7. Alan __, Canadian singer/songwriter
11. Fellowship (abbr.)
14. Shakespeare: King of Naples in The Tempest
15. 'Chick' suffix
16. Ms. Zadora
17. Shreddies: 2 wds.
19. __ tree
20. Eden lady
21. Life planet perhaps
22. "Someday" on #1-Across was a 1986 hit for #7-Across' band __ Tiger
24. Canadian distiller, Joseph E. __ (b.1841 - d.1919)
27. Nobleman
28. Ballroom judge Mr. Goodman
29. Whoopi Goldberg's Oscar-winning role in "Ghost" (1990), __ Mae Brown
31. "Star Trek" episode, __ Time
34. 1940s jazz
37. Canadian __ Company
39. Trellis plant
40. Area for 'Arrivals' or 'Departures' on CBC show "Hello Goodbye": 2 wds.
43. Pique
44. Symbolic pole
45. Basket-mak-



- ing fibre
46. Virtually
48. "The __ Squad"
49. Mister, in India
50. Retain
52. Error
56. Orange variety
58. Plaintiff
60. Mariner's dir.
61. Mode's 2-word intro
62. "Don't You For-

- get About Me" on #1-Across was originally a 1985 hit for what band?: 2 wds.
65. 'Oldes' partners in pub names
67. __ out a living
68. In, in other words
69. Established
70. Like Mother Nature's mor-

- ning coat
71. Music enhancer

DOWN

1. Rushes
2. Student: French
3. __ suit (Didn't dress casually)
4. 'Salt' suffix
5. U.S. intelligence org.
6. Sweater sleeve

- style
7. Jamie of "M*A*S*H"
8. Suggested nutritional amts.
9. 'Velvet' suffix
10. Lemon __ (Food flavourer)
11. Wrigley's gum flavour
12. Petroleum
13. Photography

- needs, briefly
18. Slamming sound!
23. Farm field
25. Lunchtime lumpful
26. Transplant in the greenhouse
27. Catherine __ (Wife of Henry VIII)
29. Chose
30. Regard
32. President's __ Office
33. Reality star Ms. Richards (Paris Hilton's aunt)
34. "Mission: Impossible" actress Barbara
35. Emerald entity
36. When #17-Across gets served usually
37. Mr. Preminger
38. Mideast chieftains [var. sp.]
41. Lark about
42. Ancient Egyptian goddess
47. NHL official
49. Sea nymphs
51. Alleviated
52. Funnyman Mr. Brooks
53. Luciano Pavarotti's voice
54. Provide, as with a trait
55. Basil/pine nuts sauce
56. T.O. baseballers
57. Sailing side
58. Type of diving duck
59. __-daisy
63. 34th Pres.
64. Word: French
65. 'Meteor' suffix



CORONATION ST.

WEEKNIGHTS
7:30



THE
DRAMA
NEVER STOPS

Time to upgrade to better.



Enjoy **Minions** on demand today.

Fibe TV, the best TV service, brings you a unique combination of features.



Restart¹



Available 4K²



Fibe TV app³



Wireless TV⁴



Access to CraveTV
and Netflix⁵

Get Fibe TV along with Fibe Internet 50 and Home phone for one amazing price:

GUARANTEED 3-YEAR PRICE*

FROM **\$99**^{85/MO.}⁶

Included in your bundle:

- ✓ Our exclusive HD Whole Home PVR⁷
- ✓ Unlimited Internet usage
- ✓ Unlimited Canada and U.S. calling⁸

*Applies to full billing periods⁹ \$49.95 one-time installation fee on a 2-year contract.⁹

Hurry! This great offer ends on February 27th.

1 877 560-8889 • Visit a Bell store • bell.ca/homebundle

Bell watching TV
just got
better

Get expert advice today.
Visit a Bell store near you.

KANATA
510 Earl Grey Dr.
613 562-7774

NEPEAN
50 Marketplace Ave.
613 823-2395
1541 Marlborough Rd.
613 723-4400
Bayshore Shopping Centre
613 820-4077

ORLEANS
Place d'Orleans
613 830-4738
SmartCentres Orleans
613 881-7051

OTTAWA
247 Bank St.
613 294-0000
280 West Hunt Club Rd.
613 566-3443
Billings Bridge Place
613 733-8932
Carlingwood Shopping Centre
613 788-9875
Rideau Centre
613 563-3838
St. Laurent Shopping Centre
613 741-8025
613 744-5168 – kiosk

STITTSVILLE
1261 Adam Street
613 831-1495

Also available at:



Current as of January 21, 2016. Offer ends February 27, 2016. Available to new residential customers in Ontario where access and technology permits. The Bundle Program may be changed/terminated at any time. Bell is not obligated to provide the Bundle Discount for the duration of term; see bell.ca/bundledetails. Subject to change without notice; not combinable with other offers. Taxes extra and restrictions apply. For certain offers, customer must select e-bill and create MyBell profile. Early termination charges may apply. Internet Modem rental required; one-time modem rental fee waived for new customers. Up to 50 Mbps download speeds. Upload access speeds will vary depending on the distance between the customer's modem and switching equipment from Bell. Speeds on the Internet may vary with your configuration, Internet traffic, server or other factors; see bell.ca/internet. Unlimited Internet usage option: Available to Internet customers with continued subscription to an eligible TV and Internet bundle; see bell.ca/bundledetails. Subject to your compliance with the terms and conditions of your Internet service agreement found at bell.ca/agreements. Home phone available where not CRTC-regulated. Service area charge (\$4/mo.) may apply; see bell.ca/services/areacharge. (1) Available with select channels/content, excluding U.S. networks and non-local content, and subject to viewing limitations. (2) Requires 4K Whole Home PVR, 4K content and a 4K TV. (3) With select compatible Apple and Android devices. Requires Mobile network or Wi-Fi connection. Select live channels and on-demand programming can only be viewed if included in your Fibe TV subscription and may vary if viewed over Wi-Fi at home (more content) vs. outside your home. Content viewed over Wi-Fi at home will count towards your monthly Internet data usage. Mobile data charges may apply. TV control features are only available within your home. Channels/content subject to change without notice and blackout periods may apply. Other conditions apply. To download the Fibe TV app and for more details, see bell.ca/fibetvapp. (4) Only the PVR needs to be wired to the service. A wireless receiver (\$7/mo. rental plan or \$199 purchase) needs to be connected to each additional TV (up to 5) and to a power outlet. Customer responsible for use of wireless receiver. Do not expose to heat sources, rain or damp and temperature extremes. Range of wireless signal may vary due to electromagnetic interference, home construction material, obstructions and other environmental factors. (5) A separate subscription to Netflix and CraveTV services is required to view content. Viewing content on Netflix will count towards your monthly Internet data usage. (6) Available to new customers who continuously subscribe to Fibe TV, Internet and Home phone. \$99.95 promotional monthly rate is based on a promotional credit against regular monthly pricing and on the continued subscription to: Fibe TV Good package: regular monthly rate \$47.95, plus \$3 Digital Service Fee, less \$36/mo. programming credit for 36 full billing periods, less \$7/mo. bundle discount, Fibe Internet 50: regular monthly rate \$79.95, less \$43/mo. credit for 36 full billing periods, plus \$10/mo. for unlimited Internet usage, and Home phone Choice: regular monthly rate \$53.95, less \$9/mo. discount, plus \$10/mo. for Unlimited Canada and U.S., less \$10/mo. discount. Promotional price will apply to your first full 30-day billing period and for each full billing period after that, for the duration of your promotion. A billing period may not start on the day of the subscription to our services. Regular price will apply for services delivered prior to the first full 30-day billing period. All prices are subject to change or if Bell terminates your services during a 30-day billing period. (7) \$50 rental based on \$15 monthly rental fee, less a \$15 monthly credit. Available to new Bell TV subscribers with continued subscription to three eligible Bell services; see bell.ca/bundle. The receiver remains Bell's property. You may terminate your rental at any time provided you return the receiver (early termination fees on programming may apply). Receivers may be newer/refurbished at Bell's choice. (8) Available to customers who continuously subscribe to three select services. Applies to direct-dialed outbound calls to Canada and the U.S. (including Alaska and Hawaii, but excluding other U.S. territories), excluding toll-free calls. Calls to certain conference or adult services or to high-cost areas may be restricted, and subject to other use restrictions. In Terms of Service; visit bell.ca/legal. (9) Fibe TV: Installation charges are \$199.95 without a term. Includes installation of modem, Whole Home HD PVR and up to 2 additional HD receivers; see bell.ca/fibetvinstall for details. \$50 installation fee for each additional receiver. Internet: conditions apply; see bell.ca/fullinstall. Home phone: installation includes one jack at the service entry point where none present; installation fee is \$75 for the 1st additional jack, \$50 for every subsequent jack. The Minions © 2015 Universal Studios. All Rights Reserved. Fibe is a trademark of Bell Canada.